

(External)

A New Way Of Being - the story behind the **ANWOB** community

What is ANWOB?

A Global Movement dedicated to supporting each other and the world's community to live their best lives.

Why ANWOB?

We are living in a world of uncertainty and daily challenges. Change is constant and happening more quickly in every part of our lives.

The influence from the media is out of control and an unwelcome distraction from the truth .

When things are uncertain, the positive effect is that it can leave openings for opportunities and possibilities.

The founding ANWOB community have all been through in depth self reflection and learning. They care about protecting the future of our planet. They believe that with support, we can and will make a positive difference to the future lives of our children, our children's children, and our nearest and dearest (and those they may never meet).

ANWOB was created to enable and mobilise a community of passionate people who are dedicated to deliver that positive difference to the world

In Margaret Mead's words:

'Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.'

ANWOB Vision

A world where uncertainty becomes opportunity, and every person has access to education, community, and purpose to thrive — today and for generations to come.

ANWOB Mission

We act because we care — for ourselves, for others, and for the world we share. Through reflection, learning, and meaningful action, we help people turn challenges into opportunities for growth, purpose, and connection.

ANWOB Values *(to be rationalised to five values between us - by poll?)*

- Integrity- Behave with sincerity, trust ,empathy and accountability .
- Knowledge- See the holistic view allowing informed decision making and resist from judgement.
- Listen- apply effective listening , promoting a culture of respect, inclusion and psychological safety.
- Reflection – We pause, consider, and learn from our experiences.
- Growth – We strive to develop personally and collectively, recognizing that change begins with each of us.

- Kindness – We act with empathy toward people, nature, and the communities we are part of.
- Creativity – We use imagination to envision and create better possibilities.
- Courage – We face challenges with bravery and hope, taking meaningful action.
- Inclusivity – We welcome contributions from all ages, backgrounds, and perspectives.
- Responsibility – We recognize the impact of our actions on the world and future generations.
- Curiosity - see the world through the eyes and mind of a child where everything is a brand new experience
- Playfulness - play creates joy, fun, excitement, mental wellbeing and more

ANWOB provides

- In person and virtual community meet ups
- In person and virtual education to enable community members to grow, develop and live their best lives including:
 - Leadership and management
 - Art
 - Music
 - Sustainability and eco-awareness
 - Personal development such as building confidence
- Job coaching
- Health and wellbeing coaching
- How to manage day to day life in this age of tech

Join the community and have early access to events and programmes

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